

# Medicine GI MCQ's

## Question 1. Causes of mouth ulcers include

gluten enteropathy (True)

**Explanation:** And systemic lupus erythematosus, Behçet's syndrome, Reiter's syndrome

Crohn's disease (True)

**Explanation:** And ulcerative colitis

lichen planus (True)

**Explanation:** And pemphigoid and pemphigus

adverse drug reaction (True)

**Explanation:** Stevens-Johnson syndrome due to either drugs or infections

herpes simplex (True)

**Explanation:** Aphthous mouth ulcers are usually idiopathic rather than viral-induced

Please refer to pp. 748 and 774 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

## Question 2. Causes of salivary gland enlargement include

alcoholic liver disease (True)

**Explanation:** Also associated with malnutrition and autoimmune hepatitis

Sjögren's syndrome (True)

**Explanation:** Associated with dry mouth and keratoconjunctivitis sicca (dry eyes)

bacterial infection (True)

**Explanation:** May be associated with calculi in the parotid duct

sarcoidosis (True)

**Explanation:** Uveoparotid fever (Heerfordt's syndrome)

measles (False)

**Explanation:** Associated with mumps

Please refer to p. 774 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

## Question 3. Recognised causes of dysphagia include

iron deficiency anaemia (True)

**Explanation:** Via formation of an oesophageal web-'sideropenic dysphagia'

pharyngeal pouch (True)

**Explanation:** May also be associated with regurgitation and recurrent aspiration

Barrett's oesophagus (False)

**Explanation:** Asymptomatic unless complicated by malignancy

myasthenia gravis (True)

**Explanation:** More commonly caused by stroke; typically worse with fluids than with solids

achalasia (True)

**Explanation:** Best diagnosed on oesophageal manometry

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Please refer to pp. 761-762 and Chapter 19 from Davidson's Principles and Practice of Medicine 19e for more information on this question

## Question 4. Typical features of oesophageal achalasia include

recurrent pneumonia (True)

**Explanation:** Due to regurgitation and aspiration  
spasm of the lower oesophageal sphincter (LOS) (False)

**Explanation:** Failure to relax the LOS with loss of ganglion cells in Auerbach's plexus on histology

heartburn and acid reflux (False)

**Explanation:** Acid reflux is prevented by the non-relaxing LOS  
predisposition to oesophageal carcinoma (True)

**Explanation:** Even if the obstruction is treated  
symptomatic response to pneumatic balloon dilatation (True)

**Explanation:** If this fails, Heller's myotomy may be indicated

Please refer to pp. 778-779 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

## Question 5. Gastro-oesophageal reflux disease is associated with the following factors

decreased intra-abdominal pressure (False)

**Explanation:** Associated with increased intra-abdominal pressure (e.g. pregnancy)

delayed gastric emptying (True)

prolonged oesophageal transit time (True)

**Explanation:** Delayed oesophageal clearance is more common in the elderly  
increased lower oesophageal sphincter tone (False)

**Explanation:** Associated with decreased lower oesophageal sphincter tone  
presence of a hiatus hernia (True)

Please refer to p. 775 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

## Question 6. Oesophageal carcinoma in the UK is

associated with gluten enteropathy (True)

**Explanation:** Squamous rather than adenocarcinoma  
more likely to be due to adenocarcinoma than squamous carcinoma (False)

**Explanation:** 80-90% are squamous cell  
associated with Barrett's oesophagus (True)

**Explanation:** Adenocarcinoma is associated with chronic oesophagitis  
more likely to arise in the upper third rather than the lower third of the oesophagus (False)

**Explanation:** 90% are in the lower two-thirds  
associated with alcohol and tobacco consumption (True)

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**Explanation:** And betel nut chewing in the East

Please refer to p. 780 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 7. Typical features of oesophageal carcinoma at presentation include**

acid reflux and odynophagia (False)

**Explanation:** More suggestive of reflux with oesophagitis and stricture formation

painless obstruction to the passage of a food bolus (True)

**Explanation:** Painless due to destruction of the mucosal innervation  
nausea and weight loss (True)

**Explanation:** Weight loss relates to poor food intake  
metastatic spread in the majority of patients (True)

**Explanation:** 75% have lymph node, liver and/or mediastinal spread  
overall survival rates at 5 years of approximately 50% (False)

**Explanation:** 5-year survival is about 5%

Please refer to pp. 780-781 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 8. Factors associated with chronic peptic ulcer disease include**

oral contraceptive therapy (False)

non-steroidal anti-inflammatory drug therapy (True)

**Explanation:** Plays a role in gastric ulcer

pernicious anaemia (False)

**Explanation:** Associated with achlorhydria-'no acid, no ulcer'

Helicobacter pylori - associated gastritis (True)

**Explanation:** Implicated in > 90% of instances

tobacco consumption (True)

**Explanation:** Associated with both gastric and duodenal ulcer recurrence rates

Please refer to pp. 782-784 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 9. Typical features of peptic ulcer dyspepsia include**

pain relieved by eating (True)

**Explanation:** Hunger pain

well-localised pain relieved by vomiting (True)

**Explanation:** Perhaps with the 'pointing sign'

pain-free remissions lasting many weeks (True)

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**Explanation:** Pain is characteristically periodic  
nausea and epigastric pain (False)

**Explanation:** More suggestive of biliary colic; pain rarely lasts > 2 hours  
absence of symptoms prior to acute perforation (True)

Please refer to p. 784 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 10. In the investigation and treatment of chronic dyspepsia

most patients aged < 55 years have an underlying peptic ulcer (False)

**Explanation:** Only about 20%; most have reflux dyspepsia or functional dyspepsia  
25% of duodenal ulcers relapse unless H. pylori has been eradicated (False)

**Explanation:** 85% relapse if H. pylori has not been eradicated  
magnesium-containing antacids produce constipation (False)

**Explanation:** Cause diarrhoea; aluminium-containing antacids cause  
constipation

bismuth compounds should not be used for maintenance therapy (True)

**Explanation:** Due to potential accumulation of bismuth, acid-lowering drugs are  
preferable

gastric ulcers associated with NSAID therapy are less likely to be associated  
with H. pylori gastritis than gastric ulcers occurring in patients not taking  
NSAIDs (True)

**Explanation:** 30% of gastric ulcers are not associated with H. pylori  
(NSAID-induced ulcers)

Please refer to pp. 782-786 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 11. Gastroduodenal haemorrhage in the UK is

more often due to peptic ulcer than to oesophageal varices (True)

**Explanation:** Peptic ulcer 35-50%, varices < 5%

associated with a 5% mortality when due to chronic peptic ulceration (True)

**Explanation:** Higher mortality in the elderly and especially in patients who  
rebleed

a recognised complication of severe head injury (True)

**Explanation:** Cushing's stress ulcers

best investigated by endoscopy (True)

**Explanation:** Diagnostic yield reduces with time post-admission

significantly associated with anti-inflammatory drug therapy (True)

**Explanation:** 75% of patients with gastrointestinal bleed have recently taken  
NSAIDs (only 50% of 'controls')

Please refer to pp. 764-766 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 12. Typical features of major acute gastroduodenal

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## haemorrhage include

severe abdominal pain (False)

**Explanation:** Typically pain-free

angor animi and restlessness (True)

**Explanation:** Sympathetic activation

syncope preceding other evidence of bleeding (True)

**Explanation:** Particularly in older patients

elevated blood urea and creatinine concentrations (False)

**Explanation:** Blood urea but not creatinine rises due to digestion of the blood in the gut

peripheral blood microcytosis (False)

**Explanation:** Only present if preceding iron deficiency

Please refer to p. 764 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

## Question 13. When acute gastroduodenal haemorrhage is suspected

a pulse rate > 100/min is most likely to be due to anxiety (False)

**Explanation:** A sign of hypovolaemia

hypotension without a tachycardia suggests an alternative diagnosis (False)

**Explanation:** Bradycardia may occur in profound blood loss or in the elderly the absence of anaemia suggests the volume of blood loss is modest (False)

**Explanation:** Haemoglobin concentration remains unaltered until haemodilution occurs

nasogastric aspiration provides an accurate estimate of blood loss (False)

**Explanation:** Monitoring the urine output as a measure of perfusion is important endoscopy is best deferred pending blood volume replacement (True)

**Explanation:** Patients should first be haemodynamically stable if possible

Please refer to pp. 764-765 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

## Question 14. In resuscitating a patient with an acute gastrointestinal bleed

oxygen should be administered if there are signs of hypovolaemia (True)

**Explanation:** Especially in patients with shock

transfusion requires whole blood rather than packed red cells (False)

**Explanation:** Colloid infusion and packed red cells are adequate for volume replacement

volume replacement with colloids is preferable to crystalloids (True)

**Explanation:** Crystalloids rapidly redistribute to the extravascular space monitoring central venous pressure and/or urine output is advisable (True)

**Explanation:** Facilitates restoration of optimal circulating volume surgical intervention should be considered if rebleeding occurs despite ulcer sclerotherapy (True)

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**Explanation:** Consider surgical options in all patients with continuing bleeding

Please refer to pp. 764-765 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 15. Perforation of a peptic ulcer is typically associated with**

acute rather than chronic ulcers (False)

**Explanation:** 25% occur in acute ulcers

duodenal more often than gastric ulcers (True)

**Explanation:** Especially anterior wall ulcers

abdominal pain radiating to the shoulder tip (True)

**Explanation:** Diaphragmatic pain referred to one or both shoulder tips  
the absence of nausea and vomiting (False)

**Explanation:** Vomiting is common

symptomatic improvement several hours following onset (True)

**Explanation:** But abdominal rigidity typically persists

Please refer to p. 787 from Davidson's Principles and Practice of Medicine 19e for more information on this question

### **Question 16. Characteristic features of gastric outlet obstruction include**

metabolic acidosis (False)

**Explanation:** Hypokalaemic metabolic alkalosis

bile vomiting (False)

**Explanation:** Suggests more distal obstruction

urinary pH < 5 (True)

**Explanation:** Paradoxical aciduria due to renal tubular mechanisms

symptomatic relief after vomiting (True)

**Explanation:** Unusually, patients may feel like eating immediately after vomiting

absent gastric peristalsis (False)

**Explanation:** Often prominent gastric peristalsis and a succussion splash

Please refer to p. 787 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 17. Complications of partial gastrectomy include**

early satiety (True)

**Explanation:** Smaller stomach and loss of vagally mediated gastric relaxation

iron deficiency anaemia (True)

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**Explanation:** Malabsorption is common and can produce folate, B12 and vitamin D deficiency  
weight loss (True)

**Explanation:** Most patients will lose at least 5 kg  
reactive hypoglycaemia (True)

**Explanation:** Late dumping syndrome with exaggerated insulin release  
vomiting and diarrhoea soon after meals (True)

**Explanation:** Early dumping syndrome with the exaggerated release of upper gastrointestinal hormones

**Question 18. The typical features of non-ulcer dyspepsia include**

onset under the age of 40 years (True)

**Explanation:** Women are more commonly affected than men  
nausea and bloating (True)

**Explanation:** Dysmotility state  
weight loss and anaemia (False)

**Explanation:** Features suggesting serious underlying disease  
constipation with pellety stools (True)

**Explanation:** Often associated with an irritable bowel syndrome  
symptoms of anxiety and depression (True)

**Explanation:** Often associated with stressful life events and difficulties

Please refer to pp. 788-789 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

**Question 19. Carcinoma of the stomach is associated with**

adenomatous gastric polyps (True)

chronic hypochlorhydria (True)

**Explanation:** Pernicious anaemia and partial gastrectomy  
Helicobacter pylori infection (True)

**Explanation:** H. pylori may account for 60% of gastric carcinoma  
Ménétrier's disease (True)

**Explanation:** Hypertrophic gastritis with protein-losing enteropathy  
alcohol and tobacco consumption (True)

Please refer to p. 790 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

**Question 20. Typical features of gastric carcinoma in the UK include**

progression to involve the duodenum (False)

**Explanation:** Extraordinary but true  
origin within a chronic peptic ulcer (False)

**Explanation:** But may present as a malignant ulcer  
overall 5-year survival rate of 50% (False)

**Explanation:** 10% 5-year survival

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folate deficiency anaemia on presentation (False)

**Explanation:** Iron deficiency anaemia is typical  
supraclavicular lymphadenopathy (True)

**Explanation:** Virchow's node

Please refer to pp. 789-791 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 21. In gluten enteropathy (coeliac disease)

the peak at onset is 11-19 years (False)

**Explanation:** Peak incidence in the age groups 1-5 years and 40-59 years  
there is a predisposition to gut lymphoma and carcinoma (True)

**Explanation:** Symptoms return without dietary indiscretion

the toxic agent is the polypeptide  $\alpha$ -gliadin (True)

**Explanation:** A component of the gluten protein

gluten-free diets improve absorption but not the villous atrophy (False)

**Explanation:** Villous atrophy should resolve

serum anti-endomysium IgA antibody titres are characteristically elevated (True)

**Explanation:** Also antigliadin IgA antibody titres

Please refer to pp. 792-794 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 22. Causes of small bowel bacterial overgrowth (blind loop syndrome) include

diabetic autonomic neuropathy (True)

**Explanation:** Reduced small intestinal motility

chronic hypochlorhydria (True)

**Explanation:** E.g. long-term proton pump inhibitor therapy and pernicious anaemia

jejunal diverticulosis (True)

**Explanation:** Best demonstrated by barium meal

progressive systemic sclerosis (True)

**Explanation:** Reduced small intestinal motility

enterocolic fistula (True)

**Explanation:** E.g. Crohn's disease

Please refer to pp. 794-795 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 23. Clinical features suggesting the carcinoid syndrome include

facial blanching and sweating (False)



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**Explanation:** Facial telangiectasia, flushing and wheezing constipation (False)

**Explanation:** Diarrhoea is characteristic intestinal ischaemia (True)

**Explanation:** Due to mesenteric infiltration and/or vasospasm tricuspid valve dysfunction (True)

**Explanation:** And pulmonary stenosis late occurrence of metastatic disease (False)

**Explanation:** Typically associated with widespread liver metastases

Please refer to p. 801 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 24. Causes of acute pancreatitis include

measles (False)

**Explanation:** Mumps and Coxsackie B viral infections hypothermia (True)

**Explanation:** And hyperlipidaemia choledocholithiasis (True)

**Explanation:** 50% of cases are associated with biliary tract disease azathioprine therapy (True)

**Explanation:** And thiazides and corticosteroids alcohol misuse (True)

**Explanation:** Common cause in the UK

Please refer to p. 802 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 25. The following are characteristic of acute pancreatitis

abdominal guarding develops soon after the onset of pain (False)

**Explanation:** Guarding occurs relatively late normal serum amylase concentration in the first 4 hours after onset (False)

**Explanation:** Serum amylase rises and falls rapidly persistent serum hyperamylasaemia suggests a developing pseudocyst (True)

**Explanation:** Or pancreatic abscess or non-pancreatic cause hypercalcaemia 5-7 days after onset (False)

**Explanation:** Hypocalcaemia hyperactive loud bowel sounds (False)

**Explanation:** Bowel sounds usually absent or diminished due to paralytic ileus

Please refer to pp. 802-803 from Davidson's Principles and Practice of Medicine 19e for more information on this question

### Question 26. Adverse prognostic factors in acute pancreatitis

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### include

arterial hypoxaemia with a PaO<sub>2</sub> < 8 kPa (True)

**Explanation:** Administer high-flow oxygen therapy

leucopenia with white blood cell count < 5 × 10<sup>9</sup>/l (False)

**Explanation:** Poorer prognosis indicated by white blood cell count > 15 × 10<sup>9</sup>/l

serum albumin < 30 g/l and serum calcium < 2 mmol/l (True)

**Explanation:** Reflect extent of peritoneal reaction

hypoglycaemia < 2.3 mmol/l (False)

**Explanation:** Hyperglycaemia > 10 mmol/l

blood urea > 16 mmol/l after rehydration (True)

Please refer to p. 804 from Davidson's Principles and Practice of Medicine 19e for more information on this question

### Question 27. In the management of acute pancreatitis

early laparotomy is advisable to exclude alternative diagnoses (False)

**Explanation:** Diagnostic laparotomy is rarely required

opiates should be avoided because of spasm of the sphincter of Oddi (False)

**Explanation:** Effective pain relief is important

intravenous fluids are unnecessary in the absence of a tachycardia (False)

**Explanation:** Heart rate alone is a poor guide to volume losses

the urine output and PaO<sub>2</sub> should be monitored (True)

**Explanation:** Shock and respiratory failure are serious complications

persistent elevation in the serum amylase suggests pancreatic duct obstruction (True)

**Explanation:** Resulting in pancreatic pseudocyst

Please refer to p. 803 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 28. In the investigation of chronic pancreatic disease

glucose tolerance is typically normal in pancreatic carcinoma (False)

**Explanation:** Typically impaired glucose tolerance test (GTT)

duodenal ileus is a characteristic feature of chronic pancreatitis (False)

**Explanation:** Occurs in acute pancreatitis

transabdominal ultrasound scanning is more sensitive than CT (False)

**Explanation:** Pancreatic visualisation is superior with CT

endoscopic retrograde cholangiopancreatography (ERCP) can reliably

distinguish carcinoma from chronic pancreatitis (False)

**Explanation:** Surgery may be necessary

pancreatic calcification suggests alcohol as the cause (True)

**Explanation:** Biliary tract disease is rarely the cause

Please refer to pp. 805 and 808 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

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### Question 29. Features consistent with the diagnosis of chronic pancreatitis include

abdominal or back pain persisting for days (True)

**Explanation:** Sometimes relieved by crouching or leaning forward  
chronic opiate dependency (True)

**Explanation:** In 20%

increased sodium concentration in the sweat (False)

**Explanation:** Occasionally in cystic fibrosis  
abdominal pain induced and relieved by alcohol intake (True)

pancreatic calcification on plain radiograph or ultrasound (True)

**Explanation:** But insensitive diagnostic tests

Please refer to p. 805 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 30. Typical causes of chronic pancreatitis include

annular pancreas (False)

**Explanation:** Associated with pancreas divisum

alcoholism (True)

**Explanation:** Accounts for 70-80% of instances

gallstones (False)

**Explanation:** Common but not the cause of chronic pancreatitis

cystic fibrosis (True)

mumps (False)

Please refer to p. 804 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 31. Typical complications of chronic pancreatitis include

pancreatic pseudocyst formation (True)

**Explanation:** Also associated with acute pancreatitis

obstructive jaundice (True)

**Explanation:** Due to stricture of the common bile duct as it passes the head of the pancreas

portal vein thrombosis (True)

**Explanation:** And splenic vein thrombosis leading to gastric varices

diabetes mellitus (True)

**Explanation:** Occurs in 30% overall

opiate drug dependence (True)

**Explanation:** May occur in up to 20% of patients

Please refer to pp. 805-806 from Davidson's Principles and Practice of

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Medicine 19e for more information on this question

### **Question 32. The typical features of pancreatic carcinoma include**

adenocarcinomatous histology (True)

**Explanation:** The vast majority

origin in the body of the pancreas in 60% of patients (False)

**Explanation:** Head of pancreas is the origin in 60% of patients

presentation with diabetes mellitus (True)

**Explanation:** Indicating advanced disease

back pain and weight loss indicate a poor prognosis (True)

**Explanation:** Even in the absence of metastatic spread

presentation with painless jaundice (True)

**Explanation:** Usually due to a tumour in the head of pancreas

Please refer to pp. 806-808 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 33. Characteristic features of ulcerative colitis include**

invariable involvement of the rectal mucosa (True)

**Explanation:** Proctitis is a typical finding

segmental involvement of the colon and rectum (False)

**Explanation:** Suggests Crohn's disease

pseudopolyposis following healing of mucosal damage (True)

**Explanation:** Due to oedema and hyperplasia

inflammation extending from the mucosa to the serosa (False)

**Explanation:** Affects mucosa and submucosa only

enterocutaneous and enteroenteric fistulae (False)

**Explanation:** Suggest Crohn's disease

Please refer to p. 810 from Davidson's Principles and Practice of Medicine 19e for more information on this question

### **Question 34. Ulcerative colitis (UC) differs from Crohn's colitis in that**

UC occurs at any age (False)

**Explanation:** Both have a peak incidence at the age of about 20 years

cessation of smoking is likely to reduce activity of Crohn's disease (True)

**Explanation:** Smoking exacerbates Crohn's disease but not ulcerative colitis

toxic dilatation only occurs in ulcerative colitis (False)

**Explanation:** Also occurs in severe Crohn's colitis

there is no association with aphthous mouth ulcers in UC (unlike Crohn's disease) (False)

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**Explanation:** Occur in both  
there is no involvement of the small bowel in UC (True)

Please refer to pp. 808-812 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

You scored 1/5 on this question

### **Question 35. Recognised complications of ulcerative colitis include**

pyoderma gangrenosum (True)

**Explanation:** Also occurs in Crohn's disease and rheumatoid arthritis  
pericholangitis (True)

**Explanation:** Suggested by abnormal liver function tests  
amyloidosis (True)

**Explanation:** Induced by many chronic inflammatory diseases  
colonic carcinoma (True)

**Explanation:** Long-standing disease (> 10 years)  
enteropathic arthritis (True)

**Explanation:** Large joints especially, or spondyloarthritis

Please refer to p. 812 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 36. Characteristic features of Crohn's disease include**

familial association with ulcerative colitis (True)

**Explanation:** And vice versa  
onset after the age of 70 years (False)

**Explanation:** Early adult life most commonly  
disease confined to the terminal ileum and colon (False)

**Explanation:** Affects any part of the alimentary tract  
predisposition to biliary and renal calculi (True)

**Explanation:** Bile acid malabsorption and hyperoxaluria  
giant cell granulomata on histopathology (True)

**Explanation:** Crohn's granulomata are non-caseating unlike those of  
tuberculosis

Please refer to pp. 808-812 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 37. The typical clinical features of ileal Crohn's disease include**

association with tobacco consumption (True)

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**Explanation:** In contrast to ulcerative colitis presentation with bloody diarrhoea (False)

**Explanation:** Usually pain rather than diarrhoea unless there is rectal involvement also presentation with subacute intestinal obstruction (True)

**Explanation:** With episodes of colicky pain segmental involvement of the colon and rectum (True)

**Explanation:** In contrast to ulcerative colitis inflammatory changes confined to the mucosa on histopathology (False)

**Explanation:** Inflammation is transmural

Please refer to p. 811 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 38. The typical features of the irritable bowel syndrome include**

nocturnal diarrhoea and weight loss (False)

**Explanation:** Such symptoms suggest organic pathology onset after the age of 45 years (False)

**Explanation:** Typically affects females aged 16-45 years history of childhood abdominal pain (True)

**Explanation:** Many also have dyspeptic and urinary symptoms right iliac fossa pain and urinary frequency (True)

**Explanation:** Pain may be relieved by defaecation abdominal distension, flatulence and pellety stools (True)

**Explanation:** May be tenesmus, mucus PR and diarrhoea

Please refer to pp. 817-818 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### **Question 39. The management of the irritable bowel syndrome should include**

explanation and reassurance after a detailed clinical examination (True)

**Explanation:** Probably the most important therapeutic tools barium enema and barium follow-through examinations in all patients (False)

**Explanation:** Investigations are important in older patients evaluation of social and emotional factors (True)

**Explanation:** Anxiety and/or depression are often associated with refractory symptoms

referral for psychiatric assessment and therapy (False)

**Explanation:** Although occasionally psychiatric intervention may be necessary dihydrocodeine for abdominal pain and diarrhoea (False)

**Explanation:** Use loperamide, a safer opioid that does not cross the blood-brain barrier

Please refer to pp. 818-819 from Davidson's Principles and Practice of

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Medicine 19e for more information on this question.

### Question 40. Typical features of colonic diverticulosis include

predominant involvement of the right hemicolon (False)

**Explanation:** Sigmoid colon is most commonly involved

predisposition to the development of colonic carcinoma (False)

**Explanation:** No causative association

complications are more common in patients receiving NSAID therapy (True)

**Explanation:** Especially bleeding and perforation

reduction in the number of diverticula with a high-fibre diet (False)

**Explanation:** But symptoms may be improved

the absence of symptoms in the absence of complications (True)

**Explanation:** Such as acute diverticulitis

Please refer to pp. 825-826 from Davidson's Principles and Practice of Medicine 19e for more information on this question

### Question 41. Typical features of colonic diverticulitis include

severe rectal bleeding (True)

**Explanation:** Exclusion of malignancy may be necessary

chronic iron deficiency anaemia (False)

**Explanation:** But this may be a feature of chronic diverticulosis

septicaemia and paralytic ileus (True)

**Explanation:** With or without perforation

right iliac fossa pain (False)

**Explanation:** Left iliac fossa or hypogastric pain is typical

vesicocolic fistula (True)

**Explanation:** Or enterocolic or colovaginal

Please refer to p. 826 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 42. Typical features of pseudomembranous colitis include

onset within two weeks of antibiotic therapy (True)

**Explanation:** Occurs from 4 days to 6 weeks post-antibiotics

normal appearance of the rectal mucosa (False)

**Explanation:** Usually appears as a non-specific proctitis

Clostridium difficile toxin in the stool (True)

presentation with abdominal pain and diarrhoea (True)

**Explanation:** And even bloody diarrhoea

clinical relapse despite prompt treatment (True)

**Explanation:** Treated with metronidazole or vancomycin

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Please refer to p. 828 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 43. Familial adenomatous polyposis is

inherited as an autosomal recessive trait (False)

**Explanation:** Autosomal dominant with a prevalence of 1 in 14 000 usually clinically apparent before the age of 10 years (False)

**Explanation:** Typically presents in the age group 20-40 years likely to progress to carcinoma before the age of 40 years (True)

**Explanation:** Carcinoma is usually present when symptoms commence associated with gastric and small bowel polyps (True)

**Explanation:** Also with lipomas, epidermoid cysts, osteomas and desmoid tumours best treated with immunosuppressant therapy in patients aged < 20 years (False)

**Explanation:** Immunosuppressives have no role; prophylactic colectomy is warranted

Please refer to pp. 821-822 from Davidson's Principles and Practice of Medicine 19e for more information on this question.

### Question 44. In colonic carcinoma

of the caecum, presentation with iron deficiency anaemia is typical (True)

**Explanation:** Non-specific presentation leads to diagnostic delay obstruction is typically an early event in carcinoma of the sigmoid (True)

**Explanation:** Late event in right-sided tumours metastatic spread is to the lungs rather than the liver (False)

**Explanation:** Portal venous dissemination to the liver is typical concomitant multiple tumours are present in 20% of patients (False)

**Explanation:** Synchronous tumours occur in 2% rising serum carcinoembryonic antigen (CEA) levels post-resection suggest recurrent tumour (True)

**Explanation:** But too insensitive for initial routine diagnostic purposes

Please refer to pp. 823-825 from Davidson's Principles and Practice of Medicine 19e for more information on this question.